VICTOR is good healthful coffee because expertly cup tested; perfectly blended; vacuum cleaned; STEEL cut NOT ground; packed in individual! lb. air tight cannisters. Never in bulk—No chance for dirt or dust to collect in VICTOR COFFEE. 35 cents the pound. Shapleigh Coffee Co., Boston,

6. Importers and Roasters. FOR SALE BY [715] BARRE CREAMERY & COLD STORAGE CO. and Dealers Generally

A RECREATION CENSUS

Shows That Nearly 1,000 New Playgrounds Were Started in 1915.

Four hundred and thirty-two American cities maintained neighborhood playgrounds under the direction of play leadnumber of new playgrounds secured is promised that would be done. nearly 1,000, bringing the total number public by Mr. Arredondo, follows: of playgrounds now in operation up to "On Monday at 11:15 a. m. special will have to be amended before wom-train No. 41 left Chihuahua for Cusi- en are really enabled to exercise the politreation Association of America was or- 1:15 p. m. and started from there and ganized less than 10 years ago, only a upon arriving at Kilometer, 68 miles ment goes even farther than recognizing few of the larger cities ever had summer west of Santa Ysabel, it found another women's right to vote. It also includes enjoyed cities employ 1,053 play leaders through had occurred they saw armed men on Dut open throughout the year showed 573 eral, named Reina, ordered that the crew tion of the franchise they may ulti- 1913. With a continuance of high prices year-round playgrounds.

Playgrounds Municipal.

In 250 cities, more than half of the lowed. 432 cities, playgrounds, like parks and schools, are administered by the municipality itself. Everywhere city govern-

years the number of play leaders increased 1,189, so that there are now 7,507 workers employed in addition to 1,929 caretakers.

\$4,000,000 Expended,

505.79. In 19 cities, bond issues for recreation purposes were authorized, the in order to prevent their concentration bond issues authorized in 17 of these at any given point. amounting to \$1,663,750. In 49 cities cities is \$497,100.

More Than 700 Buildings.

Six hundred and twelve school buildings are reported to be in use as evening recreation centers in 136 cities. Fiftyfive cities report 146 buildings which are set aside and wholly given over as neighborhood recreation center buildings. In 26 cities streets are set aside for play. One hundred and thirty-nine cities have 306 swimming pools. Ninety-four cities reported 314 public baths.

Daily Attendance More Than 80,000. centers of 200,478

land secured, an appropriation made, or tion which would exceed in honor two shown she can fill their places in other at \$11,510,045. plans laid, so that 770 cities were active in the presidency. This would in one way or another in the play move in one way or another in the play move in the presidency. This would spheres of life equally important for an among the mineral resources is oil, of health hope is only a promise of better of confectioner's sugar. Mix and add and among the mineral resources is oil, of health hope is only a promise of better of confectioner's sugar. from 1,387 of the 1,750 cities from whom might come about. information was sought.

al association has been in correspondence with about 22,500 different persons in the cities of America, and last year trained worked in 61 cities. Among the leaders in the Playground and Recreation Association of America are: Joseph Lee, Boston; Henry P. Davison, New York; Robert Carrett, Baltimore; Gustavus T. Kirby, New York. The main office is I Madison avenue, New York. There are branch offices in Chicago and Birminglearn.

PLASTERS The World's Greatest External Remedy. Backache, Rheumatism Lumbago, Any Local Pain. Inniet on

Speaking of GEN. TREVINO TRAILS BAN TRAILS BAND

Congress Is Quiet While It Waits for Action in Mexico

NO WORD FROM GEN. CARRANZA

New Assurances That Every Effort Will Be Made to Run Down Slayers

Washington, Jan. 17.-General Carranza's formal reply to the demand of the United States for punishment of the bandits who killed 18 American mining ply in his second administration, after men near Santa Ysabel, Mex., had not more Democrats had found their way to yet reached Washington, but officials on that tribunal. In fine, unless Mr. Taft the proposition to submit a demand for delicious coffee,-- and that coffee any-where near as good is much higher Saturday night were not inclined to himself intercepts the program, he is an eight-hour day. doubt the good faith of assurances giv- very likely to end his official career on en by the general's ambassador designate the great court whose service was long here, Elisco Arredondo, that every effort the object of his ambition.-Boston Herwould be made to run down the murder- ald.

> These assurances were renewed by Mr. Arredondo Saturday night in making POLITICAL RIGHTS public the report of General Trevino, in charge of the forces detailed to capture the bandits and insure protection to per sons in the district in which they have been operating. General Trevino, whose dispatch, transmitted by the Mexican consulate at El Paso, also described the massacre, said those responsible would be "hunted down without rest."

The day passed without any repeti tion in Congress of the outbursts of indignation that have marked almost every session since word of the Santa Ysabel ical rights to Dutch women is taken fore the New England ballots can incident was received. Chairman Stone in a bill to amend the Netherlands conof the Senate foreign relations commit-tee, however, called on Secretary Lan-parliament at The Hague by Premier ers during the year which ended Nov. 1, sing and requested that the committee be Cort van der Linden. The bill, which 1915. During the last two years 116 kept advised promptly of receipt of any has yet to be voted on, does not actual-cities have established playgrounds. The further information. The secretary ly give women the ballot, but removes

churiachic, arriving at Santa Ysabel at ical franchise.

"On the same day of the above incident the general headquarters ordered dent the general headquarters ordered is, men (and under the proposed amending the last courter of the year was at a much

cording to the information at hand scattering in small groups which fled toward the west and south, presumably in the Last year the expenditures reported in direction of the mountain of Durango. the cities of America were \$4,066,377.15. If any information is secured that new In addition the Playground and Recrea- bands have appeared in the mountain tion Association of America spent \$82,- range they will be localized by our forces and will be hunted down without rest,

"Military headquarters at Juarez inneighborhood playgrounds have been doformed this general headquarters that one quantity neighborhood playgrounds have been donated to the city by private individuals, our garrisons at Pearson, Casas Grandes the value of this property in 18 of these and Madera had been increased. With this combined movement of our forces in two divisions along both sides of the Northwestern railways it will be an easy matter to keep all bands which may anpear away from the place, compelling them either to disperse or to intern themselves on the western slopes of the Sierra Madres, where they will be unable to find any means of sustenance."

Mr. Taft's Future.

No one can read the appeals to Presdent Wilson, now coming from various an average daily attendance at winter taken Mr. Taft is reasonably sure to are of the opinion that the war has done that kind. receive early appointment to that trib- more to awaken the self-confidence and ciation of America corresponded with chance of succeeding Chief Justice Ed- strivings on the platform and has com, cover about 41,500 square miles two- the office service. more than 600 cities and towns which ward Douglass White. If that should pelled men to learn the lesson that wom- fifths of the state's area—and contained This record, almost if not quite unhave not yet secured a single playground. prove the case he would go down in an is a part of the political fabric. They originally an estimatel 670,723,000,000 paralleled in the enactment of constructions with flour enough to roll out. Cut with president of the United States and chief erlands, guarding the neutrality of the cent, has been exhausted. The producers which report some progress, such as justice of its supreme court, a combina country against attack, woman has tion in 1913 was 7,393,066 tons, valued and its secretary may well be proud, part of the cookies could be iced with long ridges along the cracks, steep or ment last year. Reports were received reer of Mr. Taft. Let us see how it All political parties in the Nether- which 2,406,522 barrels, valued at 81,

much interest in the filling of a su- women as that proposed by the pre- per cent of the production of Pennsylpreme court vacancy as they are now mier, and the nation awaits with inter-doing. This must be very gratifying est the outcome of the debates in the oming, whose oil fields are newly disfield secretaries from the association to Mr. Taft. And President Wilson chambers. who seems now disposed to select a Democrat-is very likely to name Mr. Taft when the right vacancy occurs. For example, if Mr. Justice Hughes should be drafted for the Republican nomination next June; what could be more gracious or better politics-than the the president to fill the place on the bench by naming Mr. Taft! And then in the event of Mr. Hughes' election and Chief Justice White's withdrawal, Mr. Hughes would hardly think of anything lee than advancing Mr. Taft to that upreme post of honor. Mr. White is ow in his 71st year, and it is clear that his place in the law of averages, will be filled some time between now and 1921, when the next administration will terminate. If Mr. Wilson should be re-elected, he is likely to feel quite as raciously disposed toward his prodecesor, particularly in recognition of Tait's lendid non-partisanship in his appoint-

cuts to the supreme bench. President Wilson would have reasons er appointing a Democrat now, to retore the balance of party representaon the court, which would not ap-

RESINOL BEGINS SEEK EIGHT TO HEAL SICK SKINS AT ONCE

You don't have to WONDER if Resinol Ointment is doing you good. You KNOW it is, because the first application stops the itching and your tortured skin feels cool and comfortable at last. Why don't YOU try this easy Resinol way to heal eczema or similar skin eruption? Resinol clears away pimples, too, and is a valuable household remedy for cuts, sores, burns, chafings, etc. It has been prescribed by doctors for 20 years and contains nothing to injure the ten-derest skin. Sold by all druggists.

The regular use of Resinol Soap is usually enough to prevent those dis-tressing rashes and chaffings to which most babies are subject. This is so, first, because Resinol Soap is absolutely pure and free from barsh alkali, and second, because it contains the Resinol medication, on which so many physicians rely for skin troubles.

FOR DUTCH WOMEN

cently Introduced in Parliament to Amend Netherlands

Constitution. The Hague, Netherlands, Jan. 17 .--The secretary ly give women the ballot, but removes constitutional obstacle hitherto The report of General Trevino as made placed in the way of their right to vote Should it pass, then the electoral law

The proposed constitutional amend-

be put under guard. He then robbed all mately obtain under its provisions, and for spelter during 1916 the output will the passengers, looting the contents of the cars and express. The murders followed in their discontent they are joined by the greatly augmented, for the very high the men, who suffer from the same respected did not begin until April and May

As is pointed out by Mrs. Aletta Jacobs, president of the Women's Suffrage association of Holland, "the presproperty restriction.

福用品面面面面面面面面面可用可可可用 Pain in the Back

Is often of the most violent character, yet it is surpris-ing how quickly it disap-pears when Sloan's Liniment is used, not only for backache but for Rheumatism, Neuralgia, Nerve Pains, Sloan's Neuralgia, Nerve Pains, Sloan's H. Liniment is remarkably effective.

Sloan's Liniment

KILLS PAIN "Keep a bottle in your bome. Price 25c., 50c. \$1.00

MENERAL MENERAL MARKET

HOUR DAY

Brotherhoods on New England Lines to Vote on Proposition

INCLUDES ALL NEW ENGLAND LINES

HOW TO KEEP BABY'S SKIN WELL Will Probably Be February 1 Before Vote Is Reported

> Boston, Jan. 17 .- New England repre sentatives of the "big four" brotherpreparations were well under way for 22 Russell Street, Taunton, Mass. taking a general vote of railroad men on

By Tuesday, it is expected, all the ocomotive engineers, firemen and enginmen, trainmen and conductors, included in the brotherhoods on the New England lines of the New York, New Haven and Hartford, Boston and Albany, Boston and Maine, Central Vermont, and might be avoided. Maine Central railroads will have the ballots in hand. A vote will also be aken on a proposition for time and a balf for overtime work in the freight

yard and hostler service.

The proposed action of the "big four" organization involves virtually all the railroads of this country, Mexico and Canada, and ballots will be sent to the To the Needs of Public Health After brotherhood headquarters at Cleveland, A step in the direction of according polit- O. It will probably be February 1 beforwarded. As the vote of other dision officials believe that if the proposition is accepted by the men, no formal

ZINC INDUSTRY IN 1915.

before April 1.

Large Increase in Quantity and Enor- such a situation. mous Increase in Value Reported.

recoverable zinc content of zinc ores and it was naturally some time before that a regiment embark at once under ment also women) of 25 years of age last quarter of the year was at a much

from \$110 to \$220-the latter in big of about 550,000 tons. Though the total treated to a place called Carreta, acmade against persons who receive mu- ceding year, the value of the output innicipal assistance under the poor laws creased nearly 300 per cent. However, forts to secure better conditions in Illi- to roll the mixture all out at once. lunatics, while soldiers and sailors un- value, for it is based on the average men qualified by age, of whom only 1,- per cent more than the value as given.

Large Resources of Wyoming.

ent composition of society offers no ob- whose development has only begun been lacking since the decision of the where they will drain thoroughly, stacles to the immediate granting of Within its 97,594 square miles lie the state supreme court in the case of State the cookies are baking beat up the whites the right to vote to all women." She, most extensive coal fields and the most vs. Reed in 1901. In addition, the leg-however, argues that the limitation un-productive known oil fields of the Rocky islature appropriated funds sufficient to number of cookies you are making. der the constitution would permit very incumtain region thousands of acres of enable the board to reorganize the medi- Sweeten slightly. When the cookies are few women to vote, for in most cases irrigated and dry-farming lands, and cal field service, to district the state, to brown remove them from the oven and they have no separate income. She is extensive areas of splendid stock range; man it with district health officers with drop a spoonful of the white of an egg of the opinion that the vote should be moreover, some of the finest fishing and an epidemiologist in charge; to establish on each cookie, place half an apricot in given to all mental and morally sound hunting in the United States can be a well-equipped sanitary engineering but the middle of it, and just as quickly as persons of both sexes without any found within its borders. Although the reau, with a state sanitary engineer in swift fingers can accomplish it, get them Other Dutch women in the van of the a year, the many irrigated areas are tories, providing one in each extremity to brown the white of egg very slightly. parts of the country, for the nomination women's movement declare the proposed highly productive, and the success which of the state; to improve and extend the These are a treat for children's parties, The average daily attendance on the of Mr. Taft to the vacancy on the su-constitutional reform is a happy result dry farming has here and there attained free distribution service with respect to but should be made the same day and summer playgrounds in 389 cities report preme court of the United States with- of the agitation recently carried on by seems to indicate that a still larger area anti-toxins, vaccines, etc., adding small- eaten while fresh. ing was 814,108. Ninety cities reported out realizing that whatever action is now women of all countries, but still others may be brought under cultivation of pox vaccine to the list of serums and

hight come about.

Never did the people in all sections, less reconciled to the demand for and duction in 1914 amounted to about 4. Within less than six years the nation and particularly in the South, take so need of some such reform in favor of 600,000 barrels, equal to more than 00 covered and only partly developed, in the ninth place among the oil-producing

states of the union. Other minerals, including gold, copper, ron, gypsum, limestone, sandstone, marale, brick clay, and mineral waters, brought the value of the state's mineral roduction in 1913 up to \$13,682,091. Among the undeveloped resources are and beef peptone. bltominous shale, volcanic ash, graphite, asphaltum, manganese ores, bentonite, tin, salt, bismuth, and, perhaps most imortant phosphate rock, on which the sture of American agriculture may this testimony: largely depend. It is estimated that more than 1,250,000 acres in Wyoming are underlain by workable phosphate deosits, a phosphate area greater than Guidebook, bulletin 612, U. S. G. S.

that keeps running around and taking White. the ball away from everybody. He-That's the referes. She-What side is he cas?

GIRL COULD

How She Was Relieved from Pain by Lydia E. Pinkham's Vegetable Compound.

Taunton, Mass.—" I had pains in both sides and when my periods came I had to stay at home from work and suffer a long time. One day a woman came to our house and asked my mother why I was suffering. Mother told her that I suffered every month and she said, 'Why

don't you buy a bottle of Lydia E. Pinkham's Vegetable Compound?' My mother bought it and the next month I was so well that I worked all the month without staying at home a day. I am in good health now and have told lots of hoods announced Saturday night that girls about it."-Miss CLARICE MORIN,

> Thousands of girls suffer in silence every month rather than consult a physician. If girls who are troubled with painful or irregular periods, backache, headache, dragging-down sensations, fainting spells or indigestion would take Lydia E. Pinkham's Vegetable Compound, a safe and pure remedy made from roots and herbs, much suffering

Write to Lydia E. Pinkham Medicine Co., Lynn, Mass. (confidential) for free advice which will prove helpful.

ILLINOIS WAKING UP

forwarded. As the vote of other dis-tricts in the country will be delayed, un-ly a leader in sanitary legislation, in the different widths, and again in the white uce, so that it will reach the consumer times of Rauch, a pioneer in many lines ground with black figures or floral dec- in good condition, and be attractive in demand on the companies can be made inertia from which it was impossible to low famous and well known gargoyle pack poultry, and how to grad; and pack expect any advance. Opinions will prob- figures, the candle-holder being fitted the various fruits and vegetables which

Fortunately for the people of the Both the zine smelting and the zine state, however, a new era seems to have wooden candlestick-holders. mining industries of the United States dawned. The recent session of the Illia year of unparalleled prosper- nois legislature, however barren it may playgrounds, and many of these were supported by private funds. Now 111 cliebting from their right to be elected, a concession which had not been looked for at this formation obtainable at this time the tainly productive of pended rubble health. Dutch women, although welcoming mined in the United States in 1915 was measures. In no other state this year the out the year. Reports from 97 cities both sides of the road who were firing the suggested reform, are inclined to over 560,000 short tons compared with was so much important public health legwhere the neighborhood playgrounds are upon them, after which a so-called gendisplay dissatisfaction with the limitation enacted. Many measures long add one whole egg and beat for five compensate him for the extra work, condesired and earnestly worked for, but minutes. Rub into this two level cup- tainer, and postage required, but the pality itself. Everywhere city governments are recognizing that the maintenance of neighborhood playgrounds is a regular government obligation.

Play Leaders.

Seventy cities maintain classes for training recreation workers. Two thous and one hundred and sixty-four students and one hundred and sixty-four students and one hundred and sixty-four students.

That a regiment embark at once the command of Colonel Jose Villaneuva are entitled to vote for the 100 members of the second chamber, which is the direct representative body for the people of the Netherlands. The attainment of the same reason the output of spelter during 1916 should be much greater than it was in 1915, provided the categories and San Antonio, who was watching the next remains the same reason the output of spelter during 1916 should be much greater than it was in 1915, provided the output during the first half of 1915 power to the state board of health to command of Colonel Jose Villaneuva are entitled to vote for the 100 members of the second chamber, which is the direction of Santa Ysa belwith instructions to pursue the bank of the second chamber, which is the other than during the first quark a law for the prevention of blind-ness from ophthalmia neochatorum; a strong anti-narcotic law; a law for the prevention of blind-ness from ophthalmia neochatorum; a strong anti-narcotic law; a law for the prevention of blind-ness from ophthalmia neochatorum; a strong anti-narcotic law; a law for the prevention of blind-ness from ophthalmia neochatorum; a strong anti-narcotic law; a law for the prevention of the mixture on the continuent of the greater than it was in 1915, provided the ness from ophthalmia neochatorum; a strong anti-narcotic law; a law for the prevention of blind-ness from ophthalmia neochatorum; a strong anti-narcotic law; a law for the prevention of blind-ness from ophthalmia neothatorum; a strong anti-narcotic law; a law for the prevention of the mixture on the confinence of the second chamber, with the distinct on the confinence of t sis sanatoriums by counties; a revised floured roller. Cut out with a floured stitutionalist forces in all directions recities such as Rotterdam and Amster-spelter produced in the United States in occupational disease law, and several cookie cutter and bake in a hot oven others of minor importance.

and naturally also against criminals and even this does not represent the true nis during the last 20 years, it is un- Ginger Cookies-Beat together half a der a certain rank are prohibited from price of prime western spelter, whereas list of achievements. Illinois is to-day ful of molasses, one tablespoonful of voting while on service with the colors, there was a large production of brass the only state of the first rank that is warmed beef drippings, one teaspoonful These various disabilities affect nearly special, intermediate, and high-grade without a modern system of birth and of ground ginger. Add two level cupfuls half a million of the Dutch men of 25 speiter, all of which command premiums. death registration. The passage of the of good flour, one teaspoonful of baking years and over—the approximate fig. The real value of the spelter output was model bill insures Illinois admission into powder, one teaspoonful of caraway seeds ures for the Netherlands being 1,467,000 therefore probably between 10 and 25 the registration area of the United and half a cupful of liquid, half water the registration area of the United and half a cupful of liquid, half water States census. The passage of the and half milk. Mix well together and sumer, when they come into business amendment to the medical practice act proceed as in first recipe, gives the state board of health jurisdiction over all licenses issued by the board own favorite cooky recipe. An hour or Wyoming is a state of large resources, under previous laws; this power has two before making put stewed apricots precipitation averages only 121/2 inches charge; to enlarge the diagnostic labora- back into the oven for just long enough vaccines now furnished; to organize a half cupfuls of sugar, two eggs, threereceive early appointment to that tribmore to awaken the self-confidence and Among the mineral products of the vital statistics service which will be effiunal. He would then have a very large independence of women than all their state coal is preceding with

Illinois is to be congratulated on her

WHAT WEAK WOMEN NEED

We Have It in a Remedy Containing panion is the story of a very wealthy the Three Oldest and Most Famous Tonics Known.

nost famous tonics known to medicine, The medicinal extractives of fresh ty. cod livers, without oil, peptonate of iron ey?' said said. 'Twe been stifled with

emedy for weak, run-down persons, fee, er I've a true friend in the world, beble old people, delicate children, and to cause I've had so much money that restore strength after sickness. Read those who loved me were afraid to show Savannah, Ga. "I was weak, nervous, and those who pretended to love me

run-down, had no appetite, and could not did it only because I could give them phosphate area greater than benefit, and one day the nurse asked me poured out to me. Men who pay me any other state.—Overland to try Vinol. I did so, and it made me attention—I'm always afraid it's befeel like a new woman. It has restored cause of the money. It's poisoned my my strength, and I can do all my own whole girlhood. Weren't we happier ousework. I would not take anything when we lived in the little old house She-Who is that stingy little man for the good Vinol has done me." Sarah with just nurse and cook, and I was the

We return money in every such case came home? I'm glad, glad the money's

Prop., Barre, Vt .- Adv.

Topics of the Home and Household.

When packing for traveling bottles containing liquids, dip the corked tops in melted paraffine to avoid accidents.

Using a broom dipped in turpentine nd water occasionally for sweeping will brighten the colors in the carpet and moths will not infest them.

To clean a raincoat, use soap and wa ter and not gasoline, as that will injure the rubber. Lay out on a flat surface and scrub lightly with soap and water, Do not wring. Put on a coat-hanger and hang out to dry.

Eggless, Bufterless, Milkless Cake-Three cups of strong cold coffee, one and one-half cups of molasses, one cup of sugar, three-fourths of a cup of lard, one-fourth teaspoon of salt, two teaspoons of cinnamon, one of cloves, one of atlspice and one-fourth of a teaspoon of saleratus, flour enough to make a stiff batter. This recipe makes three large loaves. Bake one hour in a moderate oven. The older the cake the better it

On putting parasols away at the end of the season remember that they may be saved from "cutting," as it is nonly called, by adopting this simple device: Take a double sheet from a newspaper and roll it up to form a cornuopia, or in the shape of an ice cream one. Pin it or sew it to keep it in place. Make as many of these "cones" is there are sections of the parasol, and frop one in each section. The silk cannot fall into creases or get "cut" if this care is taken, and your parasol will last products by parcel post, and the housetwice as long.

This is the day of the wooden candlestick. It is with us in every sort of bulletin 703, "Suggestions for Parcel Post shape and in all woods. Those of ma. Marketing." This bulletin, in addition For many years Illinois has been a dark spot on the public health map. Original.

For many years Illinois has been a dark spot on the public health map. Original. white is shown in vertical stripes of the methods of grading and packing prodof health work, Illinois seemed to have orations silhouetted on them. Some may quality and appearance. In treating settled down into a condition of chronic had in the tall Russian shapes to hold standards for parcel post shipments, the ably differ widely as to the reasons for into the head or the hollow of a shoul. the average farmer is likely to market ler, or in the mouth where possible, through the postoffice. Old-fashioned wall brackets, carved elaborately, have been revived to serve as the common obstacles to establishing

Cookie Recipes.

tainly productive of needed public health dripping slowly, until it will run from lower than the farmer can obtain Pour one-quarter of a cupful local market. To quote the bulletia: of this over one cupful of light brown which have failed in former sessions, fuls of an "all-around flour," two level consumer must also have something to have been enacted into law, notably a teaspoonfuls of baking powder and two attract him to marketing by parcel postcomprehensive and very excellent vital tablespoonfuls of clean dry currents. In determining what the price shall be, statistics law, based on the model law When well stirred together mix with both the farm price and the retail price drafted by the committee of the Ameri- half a cupful of milk. This may seem can Medical association and recommend- moist, but do not add more flour; the until a light brown on well greased pans. To any one who has followed the ef- It is far better to divide it than to try

necessary to do more than present this cupful of light brown sugar, half a cup-

Apricot Cookies-For these, use your "Bunny" Cookies-Take one and one-

Dorothy Dexter.

Money "Stifled" Her.

man who was so busy making money for his daughter that he became stranger to her. A crash came and he Vinol contains the three oldest and lost his fortune, only to find that his daughter was delighted at the calami-

That is why Vinol is such a wonderful money-I don't know this minute whethit for fear of being called sycophants. I had tried medicines without any a good time with the money you've panther under the hall table when you where Vinol fails to benefit the pur-chaser. Now, you're going to have time chaser. He Oh! the other side—always.— Red Cross Pharmacy, Floyd G. Russell, father back—not just telegrams and some food-tonic, truthfully advertised.

linnesota Minnesota Minnesota S. Prop. Barre, Vt.—Adv. checks."

Don't Worry About Pimples



PARCEL POST MARKETING.

Sample Each Free by Mail

With 32-p. Skin Book on request. Address post-card "Cuticura, Dept. 21G, Boston." Sold throughout the world.

Many Useful Points are Given in Farmers' Bulletin 703.

The farmer who wishes to sell his wife who wishes to use this method of ecuring country produce for her table, will find many useful points in farmers' hogany and other hard woods follow the to explaining the postal rates and meas-

The bulletin points out that one of parcel post communication between farmer and consumer is that the farmer may be unwilling to offer goods at a price which attracts the sustomer, or Current Cookies-Warm some beef that the consumer may offer a price

"Not only must the farmer have somesugar; rub together for a minute, then thing additional to the usual price to paid by the consumer when he markets

product than he can obtain otherwise.

"The average producer, as a rule, does not realize the importance of appearance as a factor in selling goods and frequently is careless and indifferent in preparing produce for market. The consumer, on the other hand, relies very largely upon appearance in selecting food supplies, and unattractive articles are

passed by promptly. "A personal acquaintance should be established between producer and concontact. This will help a great deal in furthering parcel post marketing, and also will eliminate many of the misunderstandings which may occur from time to time. A definite understanding should exist as to the duties of each in regard. to remittance, claims for damaged or spoiled produce, and the preservation and return of containers."

How the Wasatch Mountains Were Made

In the overland route guidebook reently published by the United States Seological Survey the history of the formation of the Wasatch mountain range, which overlooks Salt Lake City, is graphically told. Long before there were any mountains in this region most of the rocks in the Wasatch range were laid down as sand and mud on the bottom of the ancient sea, where they became compacted and hardened into sandstone, shale and limestone. The sea bottom and mitmeg to flavor. Stir in one and eventually became land. As mother earth has aged her skin has cracked and wrinkled. In the Utah-Nevada region many In addition to the 432 cities which have history as the only man in America argue that while the men have been tons. Of this quantity only 178,000,000 tive legislation, according to the Journal a rabbit cookie cutter. Bake in a hot long cracks were formed and the rocks playgrounds, there are 338 cities which who had held the two great offices of do not have playgrounds and play lead-president of the United States and chief erlands, guarding the neutrality of the state board of health cocoanut for the "whiskers." If desired, slowly upward or downward, forming the following simple icing: To two level one side and gently sloping on the other. Such breaks in the carth's crust are health hope is only a promise of better of confectioner's sugar. Mix and add called faults. A fault may be a few things in the future. very slowly warm water until the mix. feet or hundreds of miles long, and the ture will spread. Flavor with vanilla, distance which the rock beds on one side slip past those on the other may range from a fraction of an inch to one side are shoved up over those on In the January Woman's Home Com- the other side, the break is called a reverse or overthrust fault .- (Overland guidebook, bulletin 612, U. S. G. S.)

THE VALUE OF TRUTH

Truth in business is just as important as truth in every-day life; truth creates confidence, establishes good-will and builds a reliability that will not be wrecked by the storms of competition.

Through three generations people have learned to place reliance on the advertised words of Scott's Emulsion, because they are untarnished, unexaggerated truisms about a household remedy of real and actual worth.

The popularity of Scott's Emulsion is increasing as intelligence advances, because in these days of adulterations it continues to guarantee pure cod liver oil edicinally perfected with glycerine and hypophosphites to build strength, im-prove the blood and strengthen the lungs. It is free from alcohol or opiates-a whole

Scott & Bowns, Bloomfeld, N. J.